ABORIGINAL PLANT USE TRAIL



Aboriginal cultures of Australia trace back to the oldest living cultural history in the world. Aboriginal people's knowledge of plant use, such as an ability to identify and locate edible and useful plants, has been critical to their survival.

The trail at the Gardens is one way that this knowledge can be shared and appreciated.

The Aboriginal Plant Use Trail highlights a selection of plants and some of the ways that these were used by Aboriginal people in different parts of Australia. Similar plants may have been used for the same purposes in other areas, depending on local availability.

Look at the different plants along the trail and see if you can tell which parts were eaten or used medicinally, or which could have been used for fibre.

Many of the food-producing plants bear their fruits for short periods of the year only. Thus the part of the plant that is used will not always be present.

Information for the **Aboriginal Plant Use** trail was obtained from published sources.

OR EAT THE PLANTS

PLEASE DO NOT PICK







Dicksonia antarctica - Soft Tree Fern

